

# Resolving conflict

## September 2015

Handled correctly, conflict has the potential to lead to proper analysis of a situation and can ultimately lead to new outcomes which are more productive. Conflict quite often results from the fear of 'losing control' or having to 'give up power'.

### TYPES OF CONFLICT

Understanding the type of conflict will help you to know how to resolve it, as it shows the motivations of the individuals/parties involved. Refer to the chart below to give you guidance:

VALUES	RELATIONSHIPS	GOALS
<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• Individuals have differing values</li> <li>• There are differing principles for evaluating behaviours and/or ideas</li> <li>• There are different ways of 'viewing the world'</li> </ul>	<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• There is hypersensitivity to feedback</li> <li>• There are low tolerances for other's realities</li> <li>• We violate another's boundaries</li> <li>• Communication is poor or there is miscommunication</li> <li>• There are style differences</li> <li>• We form stereotypes, misperceptions, or make assumptions about others</li> </ul>	<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• There are differences between what each person/party wants or expects to accomplish</li> </ul>
WORK PROCESSES/PROCEDURES	OWNERSHIP/CONTROL	FACTS/INFORMATION
<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• There are different perspectives about the appropriate policies, procedures or processes for achieving the goal</li> <li>• Changes are made, but haven't been fully or correctly implemented</li> </ul>	<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• There are timeframe constraints and/or unrealistic deadlines</li> <li>• Power and authority is not equal</li> <li>• Control, ownership and/or distribution of resources are unequal</li> <li>• Physical, geographical or environmental factors hinder co-operation</li> </ul>	<p>This type of conflict occurs when:</p> <ul style="list-style-type: none"> <li>• There is a lack of information</li> <li>• Person(s) are misinformed or given different information</li> <li>• There are differing interpretations of information or facts</li> <li>• People have different views on what is relevant</li> <li>• There are different ways of collecting and assessing data</li> </ul>

### **PREVENTATIVE MEASURES**

- Foster a culture of respect. Staff/volunteers/clients may not necessarily 'like' the person they are working with, but they can show them the same level of respect they would expect for themselves.
- Ensure that appropriate policies and procedures are in place and that staff and volunteers are aware of them if they have grievances.
- Do not let the seemingly 'small' problems escalate; deal with them as they arise.
- Keep the lines of communication open e.g. be accessible, set up regular chat times. Listen to your volunteers, really get to know your volunteers.

### **THINGS TO CONSIDER**

- Have we really listened and considered what the person is saying?
- Are we really prepared to share the action and the power? Not sure what this really means?
- Is the solution being put forward going to show successful management of the conflict or result in constant tension, which will fail to help achieve our goals?
- Will this impact on others? Is there a need to consult further prior to making a decision?

### **STRATEGIES TO RESOLVE CONFLICT**

- Determine which persons/parties are involved, impacted, affected (either directly or indirectly)
- Determine what type(s) of conflict are occurring (Refer to table on opposite page)
- Ensure everyone puts their points of view forward and feels heard
- Confront the 'issues' and 'bad behaviours', not personalities
- Search for solutions together
- Decide on the solution(s) and fully commit to them

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