

# Meals on Wheels Tasmania

Meals on Wheels Tasmania, a service that makes it possible for many Tasmanians to stay living in their home for longer, maintaining their independence.

A driving force of care within the community, this service has been in operation for over 50 years. In just 12 months, 14.8 million meals are delivered by more than 78,800 volunteers to approximately 53,000 recipients located within Australian cities, regional and rural areas.

Funded under the Commonwealth Home Support Programme (CHSP) and Home and Community Care (HACC), Volunteering Tasmania provides resources, advice and support to this service.

Volunteers are essential to the operation of Meals on Wheels Tasmania.

There are many opportunities for volunteer involvement:

- Delivery of meals using own vehicle, or partnering with someone else that is doing this
- Serve on the management committee
- Dependent on which service, volunteers can also assist with transporting clients to a community centre to enjoy a social meal and activities
- Helping with office duties
- Participate in coordination of social programs

All enquiries to volunteer will be offered an interview to provide an overview of the offer to help. Volunteers need to complete a National Police Check and participate in the Meals on Wheels induction. Giving your time can be of any amount, anything from one hour a month or a full day each week – this is driven by your capacity to be involved and assist.

To find out more on Meals on Wheels Tasmania go to <http://mowtas.org.au> or contact the State Office on 1800 696 325

## What is HACC & CHSP?

The Tasmanian Home and Community Care Program provides funding for basic community care services that support persons under the age of 65 years, or Aboriginal and Torres Strait Islander people aged less than 50 years living with disabling conditions and their carers. HACC services are targeted towards people who live in the community and whose capacity for independent living is at risk, or those who are risk of early or inappropriate admission to long term residential care.

The Commonwealth Home Support Programme was introduced by the Australian Government in 2015 to the aged care system to help older people stay independent and in their homes and communities for longer. CHSP provides entry-level home support for older people who need assistance to keep living independently.

## How we help

Volunteering Tasmania is funded to deliver services, training and resources to all HACC/CHSP funded organisations. Each month we will showcase the many wonderful happenings that exist due to the contribution of volunteers, capturing the services that are offered to the community from HACC/CHSP funding.