



National Volunteer Week 2019  
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National Volunteer Week

# MAKING A WORLD OF DIFFERENCE

## NATIONAL VOLUNTEER WEEK

### 20-26 MAY 2019

### Volunteering: Get the Facts

Volunteering Australia's *State of Volunteering in Australia* report found that 93% of volunteers saw positive outcomes as a direct result of their voluntary participation.

Volunteering plays a vital role in the development of social cohesion and social connection – both of which help alleviate loneliness.

Volunteering provides a pathway to employment through the development of skills, networks and values which are increasingly sought after in professional environments.

Volunteering provides an outlet for the exploration and development of personal interests outside of the workplace.

**#NVW2019**  
**[volunteeringaustralia.org/nvw](http://volunteeringaustralia.org/nvw)**

